



## 2008 USATF Kentucky Association LDR 5k Championship Series:

### Race #1

**28<sup>th</sup> Annual West Louisville Appreciation  
presented by *Louisville Defender* 5k Run  
Louisville, KY**

**Date:** July 26, 2008

**More Race Information:**

[www.derbycityac.com](http://www.derbycityac.com)

**Race Contact:**

David Flaugher- 502-664-7427

### Race #2

**10<sup>th</sup> Friends for Michael 5k Run- New  
Castle, KY**

**Date:** September 27, 2008

**More Race Information:**

[www.friendsformichael.org](http://www.friendsformichael.org)

**Race Contact:** Cindy Norton- 502-532-7071

### Race #3

**American Founders Bank Black Cat  
Chase 5k Run- Frankfort, KY**

**Date:** October 24, 2008

**More Race Information:**

[www.frankfortymca.org](http://www.frankfortymca.org)

**Race Contact:** Frank Miklavcic- 502-320-2264  
or David Lawhorn 502-330-1933

**Each race in the USATF Kentucky  
Association Series will offer the following  
prize money:**

KY Association Open Men- 1<sup>st</sup> \$150, 2<sup>nd</sup> \$75, 3<sup>rd</sup> \$25  
KY Association Master Men- 1<sup>st</sup> \$75, 2<sup>nd</sup> \$50, 3<sup>rd</sup> \$25  
KY Association Open Women- 1<sup>st</sup> \$150, 2<sup>nd</sup> \$75, 3<sup>rd</sup> \$25  
KY Association Master Women- 1<sup>st</sup> \$75, 2<sup>nd</sup> \$50, 3<sup>rd</sup> \$25  
USATF per event total \$800

## 2008 USATF Kentucky Association LDR 5k Championship Series

(To be awarded at American Founders Bank Black  
Cat Chase 5k Run- Frankfort, KY on October 24)

**USATF Kentucky Association Over-All Series  
Prize Money:**

KY Association **Over-All Series** Open Men-  
1<sup>st</sup> \$100, 2<sup>nd</sup> \$75, 3<sup>rd</sup> \$50

KY Association **Over-All Series** Master Men-  
1<sup>st</sup> \$75, 2<sup>nd</sup> \$50, 3<sup>rd</sup> \$25

KY Association **Over-All Series** Open Women-  
1<sup>st</sup> \$100, 2<sup>nd</sup> \$75, 3<sup>rd</sup> \$50

KY Association **Over-All Series** Master Women-  
1<sup>st</sup> \$75, 2<sup>nd</sup> \$50, 3<sup>rd</sup> \$25

USATF Total for Series Winners: \$750

**More Series Information:** <http://kentucky.usatf.org>

**Series Contact:**

David Lawhorn 502-330-1933

## USATF Kentucky Association Event

### Guidelines:

- The event will be contested under the USATF Rules of Competition Article I Sec. I Rule 3, Sec. II Rule 20 and other appropriate rules under Articles II, III and VI.
- To be eligible for awards and prize money athletes must be a USATF Kentucky Association member and comply with all other USATF association rules and guidelines.
- No multiple awarding of USATF association prize money- one award/prize per athlete (i.e. master runner finishing in the top 3 of the open association division will only be eligible for one prize). This applies **only** to the association prizes-

see individual race information for exact over-all  
prize structure and guidelines for each event.

- The Series top three, in each category (Men's Open, Women's Open and Men's Master, Women's Masters), will be determined by the following event-by-event scoring of 2008 USATF KY members:

**10 points** for 1<sup>st</sup>, **9 points** for 2<sup>nd</sup>, **8 points** for 3<sup>rd</sup>,  
**7 points** for 4<sup>th</sup>, **6 points** for 5<sup>th</sup>, **5 points** for 6<sup>th</sup>, **4  
points** for 7<sup>th</sup>, **3 points** for 8<sup>th</sup>, **2 points** for 9<sup>th</sup>, **1  
point** for 10<sup>th</sup>

For example, John Doe scores the following points  
West Louisville Appreciation 5k Run 10 pts (1<sup>st</sup> place  
Open USATF KY member) Friends for Michael 5k  
Run 9 pts (2<sup>nd</sup> place Open USATF KY member)  
Black Cat Chase 5k Run 8 pts (3<sup>rd</sup> place Open  
USATF KY member)

**27 pts series total**

- Series award top three **ties** will be broken by total race time of all races completed.

For example, John Doe scores 27 pts. and Jim Doe scores 27 pts. they have the same score for series championship. The tie-breaker will be total time and will be total as below:

John Doe (15:30 + 15:00 + 15:30 = 46:00 total time  
Jim Doe (15:29 + 15:02 + 15:28 = 45:59 total time  
(Jim receives the \$100 award finishes 1<sup>st</sup> in the series)

- State association will provide cash prizes and awards for top association finishers. The total purse for series will be **\$3,150**.
- Each race will provide up to three complementary race entries, per gender, to invited Kentucky Association athletes (as determined by KY LDR Chairs).  
**Men's LDR Chair:** Kevin Alessandro  
kalessandro2003@yahoo.com  
**Women's LDR Chair:** David Lawhorn  
lawho9@aol.com

To be considered for **USATF Kentucky Association LDR 5k Championship event and series** you must provide your 2008 USATF Kentucky Association membership number on each race entry form

**2008 USATF KENTUCKY  
ASSOCIATION  
5k CHAMPIONSHIP SERIES**

This year, the **West Louisville Appreciation presented by *Louisville Defender*, Friends for Michael and American Founders Bank Black Cat Chase** will be a part of the Kentucky Association (of USA Track and Field) 5k Running Series for Open and Master athletes.

Men & Women who wish to participate and be eligible for prizes in the Kentucky Association 5k Running Series for Open and Masters must be members of **THE KENTUCKY ASSOCIATION of USATF (USA Track & Field)** prior to the race. Runners seeking to become members may do so on line at <http://www.usatf.org/membership/> or at race day late registration.



**2008  
USATF Kentucky  
Association  
LDR 5k Championship  
Series**